



Office Of The Principal Govt. Degree College Gurez-193503 Kmr.

Principalgdcgurez18@gmail.com

Website: www.gurezcollege.net

Cell No: 9469880855

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Press Report

The NSS Wing of Govt Degree College Gurez in collaboration with District Hospital Bandipora organised one day awareness programme on *Substance Abuse and Societal Repercussions* under the banner of NASHA MUKTH BHARAT ABIYHAN on 09-09-2022 to create awareness about detrimental consequences of Drug Abuse. The proceedings of the programme were initiated by Mr Zameer Mumtaz- NSS Officer of the College who welcomed the guest speakers from District Hospital Bandipora, Health officials from SDH Gurez, Principal, faculty members and students of the College.

Dr Sheik Mushtaq-Medical Superintendent District Hospital Bandipora gave a detailed lecture on the misuse of drugs, associated health risks and strategies to combat drug abuse. The resource person focussed on current status and scenario of drug indulgence in Kashmir valley and also the subsequent Social Crimes, Family Conflicts, and Financial Losses.

Dr Khalid Bashir- Clinical Psychologist of D.H. Bandipora also highlighted about the importance of life and ruining of this precious gift of God by indulging in illicit drugs.

Prof Farooq Ahmed Mir, Principal GDC Gurez, focussed on the identification of drug users and suppliers and rehabilitation of Drug victims. He also highlighted about the need of counselling particularly among teenagers to desist them from indulging in drug abuse.

Dr. Ubair Ahmad psychiatrist D.H. Bandipora acquainted the students about various stages of drug Addiction viz. Experimentation, Regular use, dependency and Addiction.

The programme concluded with vote of thanks presented by Prof Tariq Ahmad Khan (HOD English) GDC Gurez.



Zameer Mumtaz

Principal
GDC Gurez
Govt Degree College
Gurez